

-2024-



AM: Oatmeal. Fresh Fruit **Lunch:** Turkey & Cheese Sandwich, Green Beans, Cantaloupe

PM: Yogurt, Crackers

Tomorrow's Hope Montessori School

Reminders:

28: Scavenger Egg Hunt

29: Spring Break, No School

AM: 8:30am - 9:00am *Lunch:* 12:15pm – 12:45pm *PM: 3:15pm – 3:45pm*

Water or Milk is served with every meal. We do not serve beef and pork; we only serve lean meats. Meatless items are served to all vegetarians. We offer Tofu upon request.

Menu is subject to change

MONDAY

AM: Waffle, Banana

Lunch: Lentil & Rice, Mixed Vegetables, Oranges

PM: Wheat Crackers. Cheese

AM: Waffle, Banana

Lunch: Mac & Cheese. Green Beans, Oranges

PM: Wheat Crackers, Cheese

AM: Waffle, Banana

Lunch: Fish Sticks, Green Beans, Applesauce

PM: Wheat Crackers, Cheese

AM: Waffle, Banana

Lunch: Ravioli, Green Beans, Oranges

PM: Wheat Crackers, Cheese

TUESDAY

AM: Cheerios, Banana

Lunch: Chicken Nuggets, Green Beans, Applesauce

PM: Cheese Crackers, Oranges

12 AM: Cheerios, Banana

Lunch: Turkey & Cheese Sandwich, Broccoli, **Apple Slices** PM: Cheese Crackers,

Oranges

AM: Cheerios, Banana

Lunch: Chicken Veggie Stir Fry Pasta, Oranges

PM: Cheese Crackers, **Apples**

AM: Cheerios, Banana

Lunch: Chicken Nuggets, Mixed Vegetables, Apples

PM: Cheese Crackers, Oranges

WEDNESDAY

AM: Pancake, Banana

Lunch: Vegetable Alfredo, Toast, Pineapples

> PM: Veggie Straws, Oranges

13 AM: Pancake, Banana

Lunch: Turkey & Rice, Green Beans, Applesauce

> PM: Veggie Straws, Apples

20 AM: Pancake, Banana

Lunch: Turkey Taco, Mixed Vegetables, **Applesauce** PM: Veggie Straws, Apples

27 AM: Pancake, Banana

Lunch: Baked Ziti. Broccoli, Pineapples

PM: Veggie Straws, **Oranges**

THURSDAY

AM: Graham Crackers, Banana

> Lunch: Pizza, Broccoli, **Apple Slices**

PM: Crackers, Cheese

14 AM: Graham Crackers, Banana

Lunch: Ravioli, Mixed Vegetables, Cantaloupe

PM: Crackers. Cheese

21 AM: Graham Crackers, Banana

Lunch: Vegetable Alfredo, Toast, Apple Slices

PM: Crackers, Cheese

28 AM: Graham Crackers, Banana

Lunch: Lentils & Rice. Mixed Vegetables, Applesauce

PM: Crackers. Cheese

AM: Oatmeal, Banana

Lunch: Fish Sticks, Green Beans, Pineapples

PM: Yogurt, Crackers

AM: Oatmeal, Banana

Lunch: Chicken Nuggets, Broccoli, Oranges

PM: Yogurt, Crackers

AM: Oatmeal, Banana

Lunch: Pizza, Cucumber, Oranges

PM: Yogurt, Crackers



This institution is an equal opportunity provider. Menu is subject to change. A variety of milk is offered each day.